



## President Mary Gallagher

As we enter the holiday season, I want to thank each of you for your patience and understanding as we continue to navigate our new educational landscape.

As we adapt to changes in policies and protocols, it is more important than ever that we work together to follow District guidelines.

A few weeks ago, the District announced a grace period for compliance with the vaccine mandate. Students now have until 5pm on Friday November 19, 2021 to provide proof of vaccination or to submit an exemption and to complete a baseline test. If you plan to visit LACC, or any other LACCD campus, please be sure you get vaccinated and tested by the due date. Please review the below updated District guidelines so you are aware of vaccination and testing mandates.

1. Biocept and Cleared4 have taken over COVID-19 Testing and Screening operations at LACCD including LACC. This replaces the LACCSafeApp self-check-in process.
2. Cleared4 has texted and/or emailed each student with a unique link to create a profile in their database. Emails sent to you by Cleared4 will come from [no-reply@cleared4work.com](mailto:no-reply@cleared4work.com). These are legitimate emails, please read them and respond accordingly. If you need your link re-sent to you or you are having issues with your account, contact the Cleared4 Help Desk at [covidcolleges@biocept.com](mailto:covidcolleges@biocept.com).
3. Every student who comes to campus for any reason is required to create and complete a profile account, upload proof of CDC or WHO-compliant vaccination, provide all other required information and take an initial onboarding COVID-19 test.

If you plan to be in person at LACC or any other District college or facility, you must comply with the baseline testing with Biocept. Tests are free. Fully vaccinated students only need to do the baseline test once before November 22, 2021. If you are enrolled in classes in a fully remote environment and are not visiting the campus you may delay the baseline test until your in-person status changes. If you have an approved vaccination exemption and will be in-person and onsite on campus, you must test weekly with Biocept and can schedule your weekly testing appointments through your Cleared4 account. You may test at any LACCD college or the District Educational Services Center.



The filing period to upload completed forms regarding medical or religious exemptions is also now extended through the grace period. Students can access the Vaccination Exemption Request Forms by going to the Student Portal via [MyCollege.laccd.edu](https://mycollege.laccd.edu). Click the COVID-19 Vaccination Exemption tile and follow the prompts to upload forms.

**Additional information on COVID-19 District guidelines can be found on the LACCD webpage.**

Thank you again for your cooperation as we continue to transition and navigate new challenges together.

## Upcoming Events at LACC

**Theatre Academy Presents: Court-Martial at Fort Devens**

November 3-6, 7:00pm

**CAMPUS CLOSED - Veterans' Day**

November 11

**Fall 2021 Graduation Petition Deadline**

November 15

**CAMPUS CLOSED - Thanksgiving Holiday**

November 25-26

# Resources for Students

As we continue to navigate the ongoing challenges of COVID-19, many students need assistance with basic necessities. This month we are highlighting local food banks and resources for food insecurity.

## Food Oasis Pantry Locator

This tool shows all the food pantries in your area and gives directions.

## Los Angeles Regional Food Bank

The Food Bank locator shows a map of pantries near your residence.

## California Association of Food Banks

This food bank network works to ensure that vulnerable communities have consistent and safe access to nutritious food.

## CalFresh Emergency Application

Students and families with low income can access CalFresh benefits to put healthy and nutritious food on the table.

**My Friends Place** offers to-go meals.



## Hollywood Food Coalition

Free packaged evening meals are being provided. No seating available. 6:15 p.m. – 8 p.m.  
5939 Hollywood Blvd. - (323) 462-2032

## Food Pantry at Blessed Sacrament

The Food Pantry at Blessed Sacrament distributes groceries, call or email for schedule.  
6657 Sunset Blvd, LA, CA 90028.

**L.A. LGBT Center** offers to-go meals.

## Dream Center Food Truck

For locations call or email:  
(213) 273-7042  
foodtruck@dreamcenter.org

# City Cares Network

Need assistance with textbooks, food, transportation, housing and other college and living expenses?

**City Cares Network connects students with these essential resources:**

- Textbooks and Course Materials
- Food Assistance
- Housing and Utility/Wifi Assistance
- Transportation Resources
- Chromebooks
- Health/Wellness Services
- and other Academic and Support Services

**Complete the online form to request resources.**

## Need help completing the form?

Contact Lupe Martinez at  
marting11@lacitycollege.edu.

## Anxious about making ends meet while attending LACC?



**An estimated 2 out of 3 students at LACC are experiencing this too.**

# Stay Well This Winter

Last year many Americans avoided the flu due to social distancing and masking up.

This year, as we begin to attend holiday gatherings and events again it is important to protect yourself and others from the flu and seasonal respiratory viruses as well as the coronavirus.

Vaccines can be considered a first line of defense. There are available vaccines for two of the riskiest viruses that are sure to be circulating this winter, SARS-CoV-2 and influenza.

Full two dose vaccinations against COVID-19 are 89% effective in preventing hospitalizations related to the disease. Flu shots also reduce your risk of serious illness or hospitalization if you do get sick.

After getting vaccinated for COVID-19 and the flu, you will need to also practice some additional virus fighting habits to stay well this winter.

## **Continue Wearing a Mask**

Wearing a mask not only helps protect you from COVID-19 and breakthrough infections; it also can shield you from other respiratory viruses. In addition to spreading through surfaces and large droplets coming from coughs and sneezes, the flu can also be transmitted through small particles in the air.

## **Wash Your Hands**

Continue to wash your hands regularly with soap and water for at least 20 seconds to help prevent the flu and respiratory viruses. If you don't have access to a sink, use hand sanitizer with at least 60 percent alcohol.

## **Stay Home if You Are Sick**

One good habit to come out of the COVID-19 pandemic is that most people stayed home when they had any respiratory symptoms. To avoid the flu, colds and other viruses, stay away from school, work, visiting friends or doing errands when you show any signs of illness.

If you do notice any signs or symptoms of viral illness, such as fever, chills, cough or runny nose, make sure to seek medical advice right away. The flu and colds can cause similar symptoms as COVID-19 and a prompt diagnosis is important.



Photo by Pille Priske