Wednesday, March 8, 2023 Volume 191 Number 1



WORLD NEWS

Overseas Quakes Serve as Reminder for SoCal Residents

BY ANTHONY FOLSOM

xperts say California has laid the groundwork to handle an event like the 7.8 magnitude earthquake that claimed more than 47,000 lives in Turkey and Syria last month.

The earthquake disasters that have unfolded over the course of the last month in Turkey and Syria have been an eyeopener for other parts of the world where earthquakes are common.

It is hard to find anyone in the Los Angeles area who does not wonder about the potential of something similar happening here. L.A. City College psychology major Anthony Hernandez has an interest in geology and has given the matter some thought.

SEE "EARTHQUAKE" PAGE 6

RED NUMBERS INDICATE "MAJOR" QUAKES BLUE NUMBERS INDICATE ACTUAL NUMBER OF QUAKES MEXICO - S6 / 30,000 UNITED STATES - 3 / 16 TURKEY - 1,000 / 38,000 IRAN - 64 / 2,000 PHILIPPINES - 150 / 2,000 CHINA - 19 / 150 JAPAN - 8 / 1500 INDONESIA - 52 / 8,000 CALIFORNIA QUICK QUAKE FACT

IN 2019, A 7.1-MAGNITUDE QUAKE HIT NEAR RIDGECREST, CALIF. THIRTY-MILLION PEOPLE FROM SACRAMENTO TO BAJA MEXICO FELT ITS 24 SHOCKS AND AFTERSHOCKS OVER THREE TERRIFYING DAYS!

SOURCES: UNITED STATES GEOLOGICAL SURVEY; KTLA.COI

ILLUSTRATION BY MICHAEL SITAR

ACADEMICS



ILLUSTRATION BY CASSANDRA MUÑOZ

ITALY - 13 / 16,095

PERU - 200 / 966

Bruins Search for City College Talent

BY BEATRICE ALCALA

utreach representatives from UCLA extended a hand to Collegian staff members during a one-hour presentation on a pathway at the university: the Daily Bruin and UCLA Student Media.

The outreach team met with Collegian staff on Feb. 22, via Zoom about training and opportunities.

The Daily Bruin prints three times a week. Students also produce radio, a print yearbook, Prime magazine and online content.

"The Daily Bruin and all other Student Media organizations here at UCLA are amazing opportunities that stimulate the development of critical skills, such as communication and leadership," said Yuxing Lin Chen, a UCLA Daily Bruin Outreach Contributor via email. "Our work environment provides resources that help develop professionalism while also fostering new relationships. From photography to coding and podcasting, our opportunities are not limited to the scope of journalism and allow you to cultivate new passions in diverse

Some students contribute to publications like APIDA Magazine, which is the oldest student-run Asian Pacific Islander magazine in the U.S.

Nommo magazine, which means power of the word in Swahili, is produced with the Black Bruin community in mind.

Al-Talib Muslim news Magazine covers news, opinion, culture and lifestyle.

La Gente Latinx Magazine was founded in 1971. Its editors welcome all forms of content including hard news, short

SEE "UCLA OUTREACH PAGE 6

CAMPUS CRIME

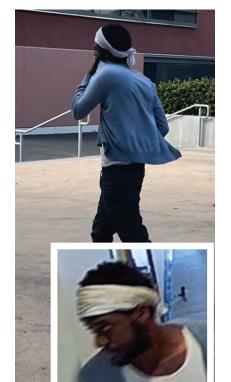


PHOTO BY POUPY GAELLE NGUETSOP

Police want to question the man pictured above in connection with an incident in the women's restroom in the Sci-Tech Building on Feb. 13, 2023.

Surveillance Camera Records Photo of Suspect

A sexual battery suspect is still free after witnesses say he entered a campus restroom and exposed himself on Feb. 13.

BY POUPY GAELLE NGUETSOP

wo students say a man assaulted them in a campus restroom inside of the Sci-Tech Building while they were on a break from a class on Feb. 13.

The incident occurred on a Monday afternoon around 3 p.m., where one or more surveillance cameras captured the man's image.

The two women are both L.A. City College students. They say they were already in the restroom when a man entered and walked toward them.

"I was in the restroom, and I saw a guy coming in the ladies' room," one of the victims said.

The Collegian notified an MLK librarian that two women had been attacked in the Sci-Tech Building. The victims shared their story with the Collegian while they waited for the campus police to arrive.

SEE "SEXUAL BATTERY" PAGE 6

Police Search for Suspect in Campus Stabbing Death

The former LACC student who was stabbed to death in a campus parking lot last November was also a U.S. veteran who lived a life of challenges.

BY JUAN MENDOZA

t the corner of New Hampshire and Oakwood Avenue in Koreatown, sits an old two-story blue building where slain former LACC student Delbert Ray Collett lived.

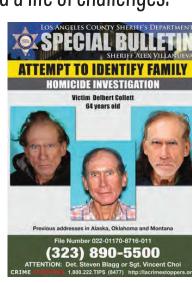
Apartment number six was the last place the victim called home in 2018.

The apartment manager was reluctant to comment but confirmed to the Collegian that Collett lived there. The building has a secure gate, but the Collegian was not granted access to speak with the tenants.

Sixty-four-year-old Delbert Ray Collett died at the scene after an unknown assailant stabbed him in Parking Lot 3, located at 770 N. Heliotrope Drive near Melrose Avenue, according to the Sheriff's information Bureau.

Collett was a homeless transient at the time of his murder. More than three months later, the suspect is still at large.

"We are working very closely with school administrators to find solutions to many of the security issues we are facing," said Deputy Adolfo Pastrano from the Sheriff's Office at Los Angeles City College.



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Campus Receives Positive Accreditation Exit Report

BY JUAN MENDOZA

Administrative staff and faculty of the accrediting team of Los
Angeles City College led by President Mary Gallagher gathered early on the morning of March 2, on the third floor of the Student

They sat quantum Martha Ga dent/president the Desert accreditation (College to dent)

"Accreditation (College to dent)

Union Building.

Members of the team seemed

eager to receive the exit report. They sat quietly and waited for Martha Garcia, the superintendent/president for College of the Desert and the chair for the accreditation team for L.A. City College to deliver the report.

"Accreditation essentially is the process that we follow in order to make sure that we meet

OPINION & EDITORIAL

EDITORIAL

We Must **Not Falter** on Aid to Ukraine

BY KATHY FORD

Russia invaded Ukraine one year ago. The action prompted an outcry against the war in many countries, including the United States. Americans donated goods and money to assist Ukrainians amid outrage at President Vladimir Putin's inhumanity.

However, Putin's illegitimate war continues and does not show signs of a decrease.

Despite the numerous atrocities Russia perpetrates, Americans are becoming desensitized to the brutality of the war. We still receive updates about the status of the war daily on the news. We continue to see images of bombed cities and Ukrainians suffering, but we are distracted by national issues, such as inflation and bickering poli-

"Our support for Ukraine will not waiver," said President Joe Biden in a speech during his surprise visit to Ukraine on Feb. 20, 2023.

However, a New York Times article of the same day indicates, "An Associated Press - NORC [National Opinion Research Center], Center for Public Affairs Research poll last week found public support for aid to Ukraine softening, with 48 percent of Americans in favor of sending arms, down from 60 percent last May."



Since January 2021, according to the U.S. Department of State, the U.S. has provided more than \$30.4 billion in security assis-

While Biden professes unwavering support for Ukraine, the American public's support wavers. According to the Pew Research Center, 26 percent of Americans currently state the U.S. provides too much support, 31 percent say the U.S. gives the right amount of aid, and 20 percent say they prefer the U.S. provide more aid.

As the U.S. public support for aid to Ukraine decreases, there is also opposition from some in the government who complain about the amount of aid provided so far. They are against any prospect of additional aid. The Pew Research Center attributes the change in the American people's opinion to the increase of Republicans who claim the U.S. has already given too much aid.

"I will work with anyone and everyone to ... stop sending money to Ukraine like somehow that is a bigger priority than what's happening to our people," said Republican Rep. Matt Gaetz of Florida.

While his voice may not represent consensus within the U.S. government or even the Republican Party, his big mouth gets attention in the media.

Undoubtedly, Americans currently suffer from the economic effects of the pandemic, ongoing poverty and housing and food insecurity. However, the U.S. was not attacked by a foreign country, with daily bombings killing thousands.

This is not to say we should not address poverty in the U.S. There is no comparison between the devastation Ukrainians suffer and the economic devastation Americans suffer. But people like Gaetz have no genuine interest in addressing the socio-economic factors that cause poverty in the U.S.

In the meantime, we see the war's effects daily on Ukraine. We cannot ignore their plight. Humanity dictates that Ukraine needs our ongoing help. We cannot allow Putin to take more land away from Ukraine and continue the killing. To allow Putin to get his way emboldens this autocratic megalomaniac to continue his assault on Ukraine.

You can notify your Congressional representative that you want the U.S. to continue to provide Ukraine aid. You can use the link below to find your Congressional representative and contact information.

https://www.congress.gov/ members/find-your-member

Student Services Throws Students a Lifeline

ever

career

BY JESSICA VASQUEZ ARREOLA

College changed me in many ways. I felt hopeless at the very start considering that no family



at LACC.

tion. am shy, so I felt hopeless and terrified when I started classes here

However, an introduction to the free resources and programs available at the Student Services Building on campus restored a little faith. Underrated but appreciated, they provide an endless number of resources and programs to students.

As a first-generation college student, I found a place that offered so much support as I transitioned to the college world. It empowered me.

Student Services helps guide new students toward the right path for the future.

In the past, I encountered many students that missed assignments or fell behind in class. They even needed to borrow their peers' textbooks.

The cost of books remains an issue, with inflation still on the rise. However, the Extended Opportunity Programs & Services (EOPS) inside student services offers support. The wonderful Students Services Building comes into focus here.

Usually, at the beginning of the semester, the EOPS program offers free book and supply vouchers redeemable both in the student store and bookstore. This takes off a bit of weight for the students who must purchase books and supplies at a crazy

There is no need for students to feel the pressure of falling behind in their classes. Tutoring support that fits your schedule is available free of charge for certain courses in the Student Services building.

Counseling is another great service offered by certain programs located inside the Student Services Building.

Programs such as the First Year Experience (FYE), Second Year Experience (SYE) and EOPS offer counselors and success coaches to students to help with things such as creating a General Education plan. It makes signing up for classes easier by already knowing what courses you need to fulfill a specific major.

I often scheduled multiple meetings throughout the school semester with counselors regarding different matters, and after every meeting, I left with all my questions answered.

The counselors here at LACC come from similar college experiences and are aware of the stress we students face, which makes them great. No question is too great or too minor to go unheard.

Our schedules can often stress us. Tell me about it. But resources are often provided; it is just a matter of taking the first step, which is learning what your college has to offer.

I understand some of us are still adjusting to college, but for starters, the Student Services Building is one of your safe places. I can assure you of that.

Collegian

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> Faculty Adviser **RHONDA GUESS**

Where Student Loan Forgiveness Stands Now

BY ALONDRA LEMUS

As of last year, the Biden Administration gave student loan borrowers all over the country a glimmer of hope for student debt relief.



Loan borrowers can have up to \$10,000 cleared, \$20,000 for Grant recipients, and up to 20

million borrowers could qualify to cancel their entire debt.

According to the whitehouse. gov website, nearly 90% of debt cancelation will go to borrowers who earn less than \$75,000 annually. While on capitalone.com it states that the average student loan debt is \$39,381.

How is the average student loan possibly more than half of what 90% of borrowers make annually?

Since the pandemic started, student loan payments have been paused. People who on average pay close to \$300 a month on student loans, saved or spent it during this time to put it right back into our economy.

Since 1980, the cost to obtain an undergraduate degree has tripled. So, it is now more expensive to attend school. The whitehouse. gov website indicates that the Pel Grant covered up to 80% of college tuition for middle-class working families in the past. Now it only covers one-third of tuition, so it is impossible for college students interested in higher education not to take out loans.

While the Biden administration

tried to help borrowers with the new plan, lawsuits against it stated that only Congress has the power to administer a plan to provide such debt relief. The Biden administration appealed right away but now has several lawsuits against it. Debt loan relief is something

that would help people all over the country in ways we could not imagine. CNBC states that 69% of Americans live paycheck to paycheck.

As inflation skyrockets, the prices of food, household items, rent and interest rates eise. Three hundred dollars a month would alleviate some of the costs we see day to day.

Biden administration The paused student loan payments during the pandemic, meaning that if companies have not collected debt for more than two years, they do not need it.

The people of America need that money more in their bank accounts than greedy loan corporate companies.

Those who already paid off their loan prior to payment suspense in September 2022 do not receive benefits from this plan. Those who continued to make payments on student loans since the loan payment suspension should receive a refund for those payments made during the pandemic.

On Feb. 28 The Supreme Court heard oral arguments from The Biden administration and plaintiffs. Student loan debts have been put on pause for a final time until June 30, 2023. If the court has made no decision or the court rules against the Biden's administration payments will resume 60 days after June 30.

J.K. Rowling Conjures Up Controversy

BY ANTHONY FOLSOM

With the release of the new Hogwarts Legacy game, a large outcry occurred online due to views expressed by the creator



the Harry Pot-Universe, J.K. Rowling. June 2020, Rowltook ing Twit-

ter during the height of the pandemic and tweeted, "People who menstruate, I'm sure they're used to be a word for those people. Someone help me out. Wumben? Wimpund? Woomud?"

To state that her tweet garnered a lot of backlash is an understatement. For several weeks during the summer of 2020, her transphobic ranting continued. Rowling went even further to spread her message than via Twitter. She now donates to politicians that push for legislation that hinders the Trans community and their accessibility to proper healthcare.

So how has the release of the new video game reignited the flames within the Trans community as well as those who consider themselves allies?

To start a boycott surged online with content creators voicing their opinions regarding Rowling's sentiments. Thousands resorted to social media the creator and her views. They campaigned online for people not to purchase the game to have their voices heard in one of the largest boycotts of a video game ever, if not THE largest.

To compound the issue of the boycott, a website was created that could tell users which creators were streaming the game on Twitch, YouTube, or other servers. This allowed the users to either unfollow or "cancel" those creators. Some users even went as far as to go to those channels and began to spread discourse in their live cha-

trooms. Many other creators expressed their concerns regarding the wizarding game and its universe. Some expressed their desire to play it and revisit nostalgia from their childhood but felt as if they were betraying their personal beliefs and morality if they did.

A Trans-creator activist whose username is BoujeeBiish discussed the subject of arguing perspectives. The creator discussed their love for the Harry Potter Universe and how they identified at a young age with the character, an outsider that finally finds a place to fit in and be accepted.

"The system sets up debate and discourse on social media. Everyone is poised to be on a side of a conversation, claiming their viewpoint to be correct. They throw words and opinions to slam others, always leaving

to express their discontent with the other side on the defensive. I have found that two things can be right even if both hold ideals that are wrong," said BoujeeBi-

Many of the Trans community expressed similar sentiments. At the same time, they maintain the desire to be accepted in a world where they are seen as equal human beings to the neurotypical heterosexual norm matters above all else,

Currently, the content creation community of over 34 million users remains divided. On one side, you have creators who will purchase the game and play it regardless. On the other side, the allies and the Trans community are boycotting the game and urging others to follow suit.

But with Rowling worth over 800 million dollars, would a boycott even affect her on an economic level if the masses boycotted the game? It is hard to imagine that a game failing when released would do anything to hinder the finances of Rowling, which begs the question of whether boycotting the game is even worth it in the end.

Perhaps another avenue of activism to silence Rowling is needed, but where would such activism be found against someone with the finances and resources at her disposal? Unfortunately, we live in a capitalist society, and there seems to be no real moral or ethical consumption under a capitalist socio-economic society.

For all submissions including letters to the editor and publicity releases, send materials to Collegian offices located in Chemistry Building, Room 207, or email: losangeles.collegian@ gmail.com.

To advertise in the Collegian, direct all insertion orders and questions to: pr.collegian@gmail.com.

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Association of Community

Colleges





Editorial Deadline: March 17, 2023

OPINION & EDITORIAL

CITY VIEWS

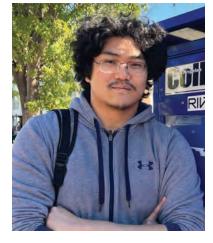
What do you have prepared in the way of an earthquake or emergency safety plan in case there is a disaster?

COMPILED BY
POUPY GAELLE NGUETSOP



FAHIM HAMED: COMPUTER SCIENCES MAJOR

I will go behind the bed and take care of my family members and make sure if they are good or not and put the rest in God's hands because it's very hard to say that you can be prepared for an unpredicted event like this.



JUSTINE KENG: INFORMATION TECHNOLOGY MAJOR

If an earthquake that happened in Turkey and Syria happens here, I feel like there will be not too much to do about it because the destruction of the buildings that happened there honestly were catastrophic and unbelievable.

We can't do anything to prevent it. What we can do is to live with it. I don't think something like that can be survivable.



ARACIOI ALANAS: ART MAJOR

I would be, of course, scared and very terrified, and don't think I will be prepared to be honest. And if I'm on campus, I will be following instructions from specialists and will make sure I'm hiding somewhere it's safe

If [I'm] at home when this happens, it is just a mental thing, fight or flight response. I'm running around being in charge of keeping everyone safe.



HOSE CHAVEZ : ART MAJOR

I think I will be scared but at the same time I don't know what I will do just because it's hard to believe it just by looking at what happened in Tukey and Syria.



VERONICA CROOK: LANGUAGE MAJOR

I think I will only be prepared emotionally because I live in L.A., and we know that earthquakes happen here, but physically I will not be prepared. I think that I wouldn't really know where to go to be safe.

INK STYLE



ILLUSTRATION BY MICHAEL SITAR

Free the 'Shroom'

BY ELAINE KNAUS

Psilocybin, or "Magic Mushroom," is not a typical treatment option that comes up between you and your doctor, but maybe it should be.

This substance continues to be used in spiritual and



medicinal practices for thousands of years. More recent studies conducted show the immense benefits of using psilocybin to treat a multitude of mental illnesses, including OCD, PTSD, anxiety, and depression.

Yet, possession of this species of fungi remains illegal in the United States and many other parts of the world.

The second episode of the

documentary miniseries "How to Change Your Mind" discusses the plethora of benefits psilocybin treatment studies discovered. I was moved when I watched numerous stories of people who underwent this type of therapy session in a safe and controlled environment with life-changing experiences.

They reshaped how they viewed not only their mental illnesses but the life experiences that lay at the root of their suffering. The effects of psilocybin allow individuals to shift their perspective and experience incredibly personal revelations that equip them with an entirely new outlook that lasts for years after the singular therapy session.

I wondered why it took me so long to hear about this. According to the National Institute of Mental Health, about one in every five Americans struggles with mental illness. So, why is this promising research considered taboo and swept under the rug when so many potentially benefit from the findings? Capitalism is the answer.

Pharmaceutical companies would suffer enormous financial hardships if we discovered treatment plans based on one therapy session rather than a lifetime required to purchase pills to take daily and refilled monthly. Pharmaceutical companies know it is in their best interest to keep psilocybin illegal because it presents a potential threat to the consistent stream of revenue.

Besides, this highly demonized substance is simply something literally found on the ground while you walk in the woods.

"I think it's ridiculous that a species can be considered illegal," said Paul Stamets, author of Fantastic Fungi, and featured in the second episode of "How to Change Your Mind." "I mean, what's the hubris of humans to think that they can outlaw a species?"

We are all simply animals, made up of materials recycled time and time again, and this has continued since the beginning of time. We certainly do not demonize grass for growing in a pasture or an oak tree in our backyard. Who are we to say that any formation of the elements that gas made up our world for eons before human beings even existed can be illegal?

DO YOU HAVE AN OPINION OR SOMETHING TO SAY?

We are interested in what you have to say.

Email us at
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BLACK HIST

ARTIST SPOTLIGHT

CELEBRATING Black History Month

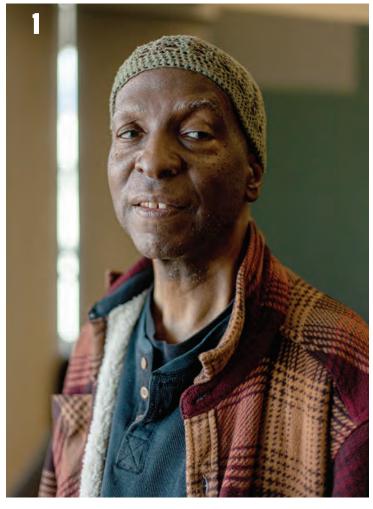
Culture Finds Expression Through Artist's Brush

66 Our culture has a lot of traumas, in much of the things we need to deal with, even in personal stuff."

-Michael Massenburg

PHOTO 1 BY LOUIS WHITE PHOTOS 2,3,4 COLLEGIAN FILES PHOTOS,5,6,7 BY BEATRICE ALCALA

> 1. Michael Massenburg 2. Still I Rise 3. Praises 4. Donna 5. Dance Prayer 6. Palengue 7. Spirit Child



BY EDWARD LOCKE

rtist and social activist Michael Massenburg discussed his career and purpose as an African American artist during Black History Month in a twohour program that included lunch on the second floor of the Student Union in the Multipurpose Room on Feb. 28.

Massenburg creates art in two and three-dimensions, including paintings on canvas, wood panels, murals, sculptures, collages and assemblies. He uses a variety of "mainstream" or "conventional" mediums such as acrylic paint, pencils, ceramic and mosaic tiles. as well as "non-conventional" ones such as found objects (like wood and metal panels or old furniture). Massenburg turns useless waste into valuable artwork.

He also works in digital photography. Massenburg sometimes integrates drawing and painting in the same pieces, which convey a strong feeling of optimism with primary and secondary colors that are vivid and fresh.

Massenburg offered explanations and shared the ideas associated with much of his artwork. He spoke of "life experience" and the traumas he suffered as a young person. Massenburg referred to a sense of hope and optimism expressed through his art.

"Our culture has a lot of traumas, in much of the things we need to deal with, even in personal stuff," Massenburg said.

"For me, the trauma helps me to get to a level of joy, for me to compensate [and] to give a balance."

Massenburg mainly creates multimedia paintings that convey a strong positive feeling. He uses vivid, fresh colors. The

compositions are dynamic. They often integrate impressionistic and painterly brush strokes in the background with of the main subjects, which are mostly figurative. Massenburg has traveled the

"I decided to go on a journey visiting different countries and I did get a chance to meet people who have shared some of the same experiences but are from different countries," Massenburg told the Collegian at the opening of the Nov. 17, 2022, exhibition "Spiritual Nature," at Da Vinci Hall.

the Caribbean, Europe, and to South and Central America. He also visited Mexico and made several trips to Senegal.

African American multi-media artist and performer.

in Los Angeles. Massenburg pursued his studies at California State University, Long Beach and the Otis School of Art and Design. He has exhibited in galleries and museums, completed private commissions, and worked on public art projects Metro, ESPN, American Jazz Museum and the Fabulous Forum.

He is also a recipient of various grants, from the Los Angeles Department of Cultural Affairs, the California Arts Council and others. He is a teaching artist, and a community organizer and activist for

He made wonderful assembly/collage art pieces out of found objects that turn wastes to treasures.

His artist's statement reads in part: "I want to investigate the language and

elegantly realistic and detailed descriptions

world to discover where and how he fits in.

That journey of exploration took him to

Massenburg is known as an outstanding

He was born in San Diego and raised worldwide, for clients such as Verizon, MTA

various organizations and causes.





imagery to explore the issues class, race and culture in their relationship through rituals. In each artwork, I assembled constructions of objects and images in an attempt to engage the subjects through representational, psychological and spiritual perspectives."

Massenburg speaks of earth mapping and decaying and blooming landscapes among other references and "visual metaphors for the transformation of the unknown and the profound."

Massenburg's work can be viewed at http://www.michaelmassenburg.com.

BEATRICE ALCALA CONTRIBUTED TO THE STORY



COMMUNITY ON WHEELS

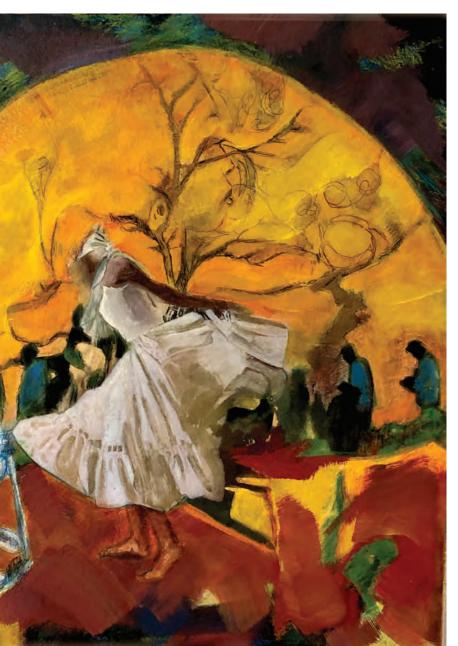
Black Market Flea Creates Community

lack Market Flea unfolds on the third weekend of every month in a 125,000 square foot area at the Beehive on East 60th Street off Central Avenue in South Central Los Angeles. It is a community hub for music, art, culture and food.

















PHOTOS BY LOUIS WHITE

From (Left to Right)

Motoring While Black auto enthusiast club with Hotwheels celebrate diversity in L.A. car culture for Black History Month at the Motoring Club in West-Los Angeles, Feb. 23, 2023.

Special guest musician Anderson Paak performs a drum solo as his alter-ego Dj Pee Wee at Black Market Flea in Los Angeles, Calif., on Feb. 25, 2023.

Stylist and educator George St. Thomas Nelson shows off his personal style at Black Market Flea. The vibrant once a month event celebrates art, culture, food and thrift shopping on Feb. 25, 2023 during Black History Month.

CUISINE



PHOTO BY LOUIS WHITE

African Food That Shaped American Cuisine

BY ALONDRA LEMUS

ood is the first language in every culture, and it makes a powerful statement.

For African slaves who were stolen from their homeland in the early colonization period of America, it was the only thing they had with them that had a slight remembrance of their home.

In "Bound to the Fire" by Kelley Fanto Deetz we learn that when the British conquered the East Coast of America, the agriculture mainly relied on tobacco.

The plantations across the new America were filled with servants that were under contract.

Africans were then brought to America to replace

the servants, but there was no contract for them. They were meant to live their lives on plantations, and if they had children, the same fate was meant for them.

Slaves were put to work everywhere, on the fields harvesting, as their knowledge of growing crops exceeded that of the servants, as nanny's raising the children of their "masters," as cleaners and cooks changing British food, incorporating their spices, and newly brought vegetables forming the base of what is now known as American cuisine.

Early America did not have the same vegetation Africans had, but it had rich soil. Slaves would start their own gardens, owners of the planation watched, growing fond of the food their cooks were producing. They then started planting these foods all over. It went from tobacco being their main source of trade to rice. Rice was even known as "Carolina Gold."

"These skills and tastes were handed down from generation to generation and significantly transformed American Foodways," says Deetz in the book "Bound to The Fire," that speaks about African cooks in early America.

Heavy spiced rubs and the tradition of slow and low cooking on an open flame originated in Africa. BBQ wasn't a staple in British cuisine if not in African cuisine. Every major holiday, the entire summer season and any sporting event in the USA revolves around BBQ.

According to National Geographic, African slaves brought many different fruits, vegetables, grains and legumes with them, they also brought their culinary knowledge and centuries of traditions.

Rice, coffee, yams, okra, black-eyed peas, and watermelon are among the most recognized foods in America that were brought here.

Coffee was first brought to America by Ethiopian slaves. Coffee was not the only caffeinated product. There was the kola nut as well but from West Africa. The kola nut was an original form of caffeine added to the famous Coca-Cola drink.

African slaves turned the original British pies that were always savory into something sweet. They used yams and fruit as a replacement for the meat, creating the famous pies Americans know, which are very present during the holiday season.

The mix of African food with the new America turned into Soul food. Soul food is a representation of Southern cooking but represents American cuisine as well.

Black owned restaurants in Los Angeles
Bludso's Bar & Que
L.A. native Kevin Bludso's award-winning BBQ.
Located on 609 N. La Brea, Los Angeles, CA, 90034
Poppy + Rose
Known for its American comfort food in L.A., near the flower district.

Located at 765 Wall St., Los Angeles, CA, 90014

"Bound to the Fire: How Virginia's Enslaved Cooks Helped Shape America's Cuisine," BY KELLEY FANTO DEETZ

READ MORE ABOUT IT:

FROM "EARTHQUAKE" PAGE 1

66 I mean yeah, like who doesn't think about it living here, right? But you can't let fear stop you from living your life, [you] just have to trust that we have a system in place to keep us safe as possible in the event of a big earthquake."

> -Jesse Tambozcko, LACC computer science major

Field Act Alters Earthquake Response in State

"Yeah, it's definitely scary because here in this state we have the San Andreas fault line, and we are part of the Pacific Ring of Fire," Hernandez told the Collegian, "so, yeah, I think about it a lot and of course have my concerns."

The Pacific Ring of Fire is an imaginary ring in the Pacific Ocean where tectonic plates are located and earthquakes happen frequently. The U.S. Geological Survey (USGS) website states that most quakes are not

random. They happen in areas where "Pacific Plate" meets surrounding tectonic plates in the most seismic and volcanically active zone in the world.

The area includes 450 volcanoes in a horseshoe shape that covers 25,000 miles that extend to the tip of South America, the West Coast of North America, across the Bering Strait, through Japan and into New Zealand, according to Ocean Exploration at

In California, seismic retro-

fitting and earthquake safety has been a focus for decades. In Los Angeles, USGS geologist Robert de Groot says the state is much better prepared to handle a large-scale magnitude quake than most places in the world.

"Of course, it would be devastating for something like that to happen to any region of the world where earthquakes are known to occur," de Groot said. "The shaking in Turkey and Syria was violent enough that our instruments in the Atlantic Ocean were able to detect the tremors reverberating out to sea. However, fortunately, we live in California and seismic retrofitting to buildings in this state, especially in Los Angeles is hundreds of times more advanced than places like Turkey."

De Groot points to the Field Act as the reason the state forged ahead with earthquake safety. An earthquake with an estimated magnitude of 6.4 struck Long Beach in 1933. De Groot says it spurred the creation of the act, which revolutionized earthquake safety and protocols in California.

Los Angeles went even further as a city in 2015, when former Mayor Eric Garcetti and the City Council passed rules to retrofit thousands of residential and commercial buildings. These safeguards should protect Los Angeles residents in a major earthquake.

"But this doesn't mean that

there will be zero damage in an event such as that, there are buildings in the Los Angeles area which are older than the Field Act's enactment," De Groot told the Collegian. "The best we can do in this area is to stay vigilant and be prepared."

Experts categorize anything above 7.0 on the Richter Scale as a major earthquake. A survey of earthquake preparedness in countries prone to temblors suggests the South American nation of Chile has been proactive. It is located within the Ring of Fire and has experienced at least a dozen major earthquakes of 8.0 or greater since 1906. Chile uses an early warning system and receives praise for its enforcement of strict building codes.

Questions about the level of preparation in Los Angeles leave some students uneasy. The devastation along the Southern border of Turkey and Syria after the February earthquake is a cause for concern.

"I worry that the state of California isn't prepared for something of that magnitude to happen and it's really frightening," said Christina Perez, a psychology major at L.A. City College. "I feel like we are behind other countries like Japan when it comes to seismic technological advancements." USGS offers many earthquake safety preparedness and protocol tools to view free of charge, according to de Groot.

РНОТО ВУ

answers

questions

Vice President

Jim Lancaster

accreditation

March 3, 2023.

meeting on

POUPY GAELLE NGUETSOP

FROM "SEXUAL BATTERY" PAGE 1

66 If he comes back, we are going to arrest him, OK, "

—Adolfo Pastrano

Victims Express Fear After Attack



PHOTO BY POUPY GAELLE NGUETSOP Deputy Adolfo Pastrano, LASD

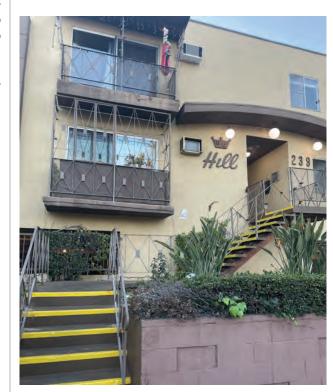
"He started to take off his pants and [was] touching himself, and we got scared," the other victim said. "We tried to get away from him, but he was standing in the way, but we tried to run anyway, and he was just grabbing us."

The women say they were afraid. They ran out of the restroom to the outside of the Sci-Tech Building for help. Meanwhile, the suspect left the scene. Campus police arrived in a few minutes. They could see the suspect outside of the campus.

"If he comes back, we are going to arrest him OK, " said Deputy Adolfo Pastrano who responded to the call. "We cannot chase him because he is already off campus."

Another deputy inspected the restroom and the crime scene.

FROM "CAMPUS STABBING" PAGE 1



РНОТО ВУ JUAN MENDOZA

The records

obtained by the L.A. Collegian shows that **Collett lived** in this yellow two-story building between the years of 2014 and 2016. The building is located in Koreatown. at S. 239 Commonwealth Angeles, Calif.

FROM "ACCREDITATION" PAGE 1

66 The accreditation process enables us to take a closer look at what we do well for our students and community and to find areas where we can improve."

President, Los Angeles City College.

Campus Sails Through Accreditation Process

the standards that are set by the accrediting body for colleges and universities," Garcia said.

The importance of continuing accreditation by the ACCJC is a serious matter. It enables colleges to qualify for federal grants and contracts, and to distribute federal financial aid to students.

The process of peer review ensures that institutions of higher education meet the established standards of quality and provide degrees, certificates and credits that students and the community can trust, according to Garcia.

"Accreditation is about making sure the institution is following best practices and holding itself accountable ultimately to the public," said Nathaniel Lorentz, faculty accreditation co-chair. "And one of the things that's important about [it] is that you need to be accredited for students to get financial aid."

The colleges go through this process every seven years. It's a long process, and it takes a lot of work. Many people are involved.

"So, make sure that the institution runs as best as it can run and that we're serving the public and the students as best as we can serve them," Lorentz

The visiting team congratulated the faculty, the staff, and the entire campus for their commitment and hard work.

"The college is complying with all the standards, and it's evident that L.A. City College is



Schulz, the vice chair of the visiting team. "So, congratulations to the entire campus."

The announcement by the visiting team prompted L.A. City College faculty and staff to congratulate each other on hearing the news.

"We just had a most remarkable thing happen to us this morning, and that is ... we were told by the team who studied us and visited us that they have no recommendations for compliance with the accreditation standards," President Gallagher said.

Dean of Student Services Armineh Dereghishian expressed pride about the work the college presented to the accrediting body.

"We present the work we do every day to our peers from other colleges, holding ourselves to the highest standards," she said. "I'm so proud to be part of L.A. City College, we work so hard and all of us are in it for the students and it truly shows."

All of the expertise from around the campus, faculty and staff was on call, according to the faculty co-chair. A collective effort, input from all the constituency groups, the student government, unions, and documents solicited by the ACCJC were provided.

"They gave us zero findings, so we passed with flying colors and we're very happy about it," Lorentz said.

Victim Sought Treatment for Substance Abuse

"Since the November 7th, 2022, incident, surveillance cameras have been installed in Parking Lot 3. And we have amended our patrol checks protocol to increase patrols at our highly vulnerable areas."

Records obtained by the Collegian show Collett lived in an apartment at 239 S. Commonwealth Avenue. Collett spent time in a drug rehabilitation transition program for veterans provided by Volunteers of America L.A. It is a sober program for veterans of the wars in Iraq and Afghanistan who do not have dependents.

The non-profit provides transitional housing, case management and meals. Employment, addiction, mental illness, and homelessness are a few of the challenges the program addresses, according to Tambra Axe, a case manager.

"From November 7th, 2012, to January 8th, 2013, he [Collett] joined the program at the La Cienega site," said Axe, a lead case manager for Volunteers of America, L.A. "And from January 31st, 2013, to February 24th, 2014, he was at this location [Skid Row]."

Axe says the goal is to get Collett and veterans like him back into society and to function independently. She came across a clue to Collett's life as she browsed the data on her computer.

"It shows a child in his record ... who lives in the City of Lynwood, California. The record shows no age and no phone number," Axe

Police are trying to identify Collett's next of kin. Axe says he was vague and inaccurate at the time of the intake with Volunteers of America. For example, he listed a friend with the name "Lee" without providing the first name. The address Collett provided did not include a zip code. It led to a parking lot at a golf course in Encino.

Little is known about the former LACC student who enrolled in classes in 2014. His LinkedIn account is inactive and shows only a current job as sound maker at Anderson Council a rock and roll band.

Collett moved around. He lived near Anchorage for a while, in Palmer, City and Wasilla, Alaska from 1989 to 2003. He also lived in Montana and by 2000, the record shows he had moved to Los Angeles, Calif.

The Collegian called Detective Steven Blagg and Sgt. Vincent Choi from the Los Angeles Sheriff's Homicide Bureau. They did not return calls. Records obtained by the Collegian show Collett had run-ins with law enforcement during his lifetime, including two felonies.

Police are searching for a suspect who is described as a Black male, 25 to 30 years old, about 5 feet, 7 inches tall. He was last seen wearing a black shirt, white pants, and a black jacket.

Anyone with information about this incident is encouraged to contact the Los Angeles Sheriff's Department Homicide Bureau at (323) 890-5500, or by calling Crime Stoppers at (800) 222-8477. You may also visit lacrimestoppers.org. Your call will remain anonymous.

FROM "UCLA OUTREACH" PAGE 1

stories and poetry.

Ha'am magazine covers the Jewish community, and Outwrite queer magazine covers news and opinions, as well as content on other platforms. The outreach team stressed "diversity and inclusion" through recruitment.

Daily Bruin Media is promoted as a benefit to a communication skills set, marketing, analytics, web development and software engineering.

Students of any major are encouraged to apply at Daily Bruin Media. For more information, write to dboutreach@dailybruin. com or go to Instagram @ dailybruinappinfo.







Award: \$2,000

Since 2007, Incight has awarded scholarships to students with disabilities. Students must be enrolled in a Community College, University, Vocational School or Graduate Program. Students who demonstrate outstanding service to their community and overcome personal obstacles are awarded scholarships from INCIGHT. These scholars spread the message of INCIGHT far and wide.

ELIGIBILITY REQUIREMENTS:

- 1. NEW REQUIREMENT: You must be a current Washington, Oregon or California resident.
- You must have a disability. This can be any type of disability as it is defined by the ADA, DSM-V, IDEA,

or other governing body. This classification includes, but is not limited to:

- Autism
- Deaf-blindness
- Deafness
- Development delay Emotional disturbance
- Hearing impairment
- Intellectual disability Multiple disabilities
- Orthopedic impairment
- Other health
- impairment
- Specific learning disability Speech or language
- impairment
- Traumatic brain injury Visual impairment, including blindness
- You must be attending higher education during the funding cycle following your application (2022-2023 School Year.) This includes college, university, community college, or vocational school. You may be pursuing any type of degree within these institutions (Associates Degree, Bachelors,
- You must be enrolled and provide enrollment verification to INCIGHT.

Masters, Doctorate, etc.)

https://www.incight.org/ scholarship

Axia Public Relations

Scholarship

Award: \$2,000 Axia Public Relations established the Axia Public Relations Scholarship to assist outstanding college students with financial needs in their pursuit of a public relations

The PRSA Foundation awards Axia's scholarship to students who:

- 1. Demonstrate financial need. 2. Demonstrate experience and passion for public relations.
- 3. Demonstrate a dedication to professional ethics and excellence.

The PRSA Foundation will make payment directly to the winner's university for use on their behalf; payment can only be used to directly fund the winner's educational pursuits.

PR Scholarship Requirements: 1. Candidates must be juniors

- or seniors in good academic standing at accredited colleges or universities.
- 2. Candidates must have financial need.
- 3. Candidates must have some public relations experience through volunteering, internships, or employment.
- 4. Candidates must be studying public relations or an equivalent major.
- 5. Candidates should be seeking a public relations career.
- 6. Candidates pursuing journalism, hospitality, event management, advertising, design, human resources, politics, government affairs and lobbying careers should not apply for this scholarship.

7. Applicants should carefully review their submissions for typos, spelling and grammar.

Application Components: 1. Cover Letter/Intro Video Within 600 words and/ or within a two-minute video in English, please share why you are the most deserving

scholarship candidate. Include: *Statement of financial need (required).

Based on your FAFSA application, what is your cost of attendance (COA) minus your expected family contribution (EFC) and current estimated financial assistance (EFA)? Are you eligible for a Pell Grant?

*How many months of PR internships, volunteer and employment experience you've

*Your ideal career path narrative, including what you would like to do after graduation.

2. Provide a link to your LinkedIn profile

*Highlight professional, scholastic and volunteer PR accomplishments.

*You may include your overall GPA and your GPA for courses within your major (Optional). 3. Work Samples

*Provide up to three public relations work samples that demonstrate your best PR work. Application Deadline: April 30, 2023

Rolling Deadline

Award: \$500 Microsoft Cybersecurity Scholarship Program

The US has a cybersecurity workforce shortage. The Microsoft Cybersecurity Scholarship Program supports community college degree and industry certificate completion through financial assistance (up to \$500) and subsidies for cybersecurity certification exam costs (up to \$375). Financial assistance is intended to cover short-term basic needs, such as food, rent, health-related, transportation/car issues, and/or a laptop/device.

- Who is eligible to apply? • To be eligible, applicants
- must be: • Residing in the United States
- Currently enrolled in a cybersecurity-related program, including bootcamps, at a 2-year institution in the United States, such as a community college or technical school.
- Able to demonstrate financial

All students with financial need are eligible to apply. Students from groups who are underrepresented in cybersecurity are especially encouraged to apply, including those who identify as women, non-binary, and/or Black/ LatinX/Indigenous, veterans, and/or have a disability.

https://www.lastmile-ed.org

Summer Intern - Digital Marketing Crypto.com Arena Los Angeles, CA., Part Time

For more than 20 years, AEG has played a pivotal role in transforming sports and live entertainment. Annually, we host more than 160 million guests, promote more than 10,000 shows and present more than 22,000 events around the world. We are committed to innovation, artistry, and community, and leverage the power of our 300+ venues, leading sports franchises, marquee music brands, integrated entertainment districts, premier ticketing platform and global sponsorship activations, to create memorable moments that give the world reason to cheer.

If you want to be challenged to up your game and make a difference, then join us in giving the world reason to cheer.

About Crypto.com Arena As the home of four professional sports franchises - the NBA's Los Angeles Lakers and LA Clippers, the NHL's LA Kings and the WNBA's Los Angeles Sparks - the downtown Los Angeles arena has proven to be a home court advantage for the local teams who have earned nine championships since moving to the L.A. LIVE adjacent venue.

Job Summary:

AEG Internship Program offers a real-world experience that allows college students to learn the business of sports and live entertainment. The Digital Marketing intern will collaborate with various

departments and learn how to produce and execute digital marketing campaigns for live events through social media, email marketing, and website management. This role will showcase an inside look at the competitive field of live-event marketing.

Pay: \$17.00 - \$19.00 per hour. For more information: https://www.aegworldwide. com/node/963456?gh jid=6635440002&gh src=3d604c4e2us

Digital Marketing Intern Reel Paper

- Santa Monica, CA 90401 Hybrid remote From \$17 an hour - Internship
- Qualifications Work authorization (Required)
- Marketing: 1 year (Preferred)

Full Job Description Reel Paper is a sustainable, tree-free household paper company working to end the deforestation caused by single use paper products. We're looking for an energetic, creative, and motivated marketing intern to join our team and help play an important role in spreading awareness about our mission! We are a quickly growing team committed to making Reel the #1 sustainable paper company in the US! Looking for a company you can grow with? Read on.

A successful candidate will have a natural talent for marketing, content creation, and be interested in learning about different areas of a startup. You will be working remote primarily, with bi-weekly or monthly in-person meetings with members of the Reel team. You will be hands-on with our social media pages, advertising/ marketing campaigns, influencer/brand partnerships analytics/metrics, and any creative twist that life throws at

Karen Bass is L.A.'s new mayor and we at

LAist want to make sure we're holding her

accountable to Angelenos' top concerns.

Take our survey to tell us what feels most

urgent to you as she settles in.

Your responses will help us set the agenda

for our reporting in the year ahead and

power local reporting that helps build a

better L.A.

TAKE THE SURVEY

https://kpcclaist.typeform.com/bass-survey?typeform-source=calo.org

Skills you'll learn

- Social Media Marketing: build and carry out effective goal-driven campaigns.
- **Brand Partnerships:** manage relationships and execute partnerships with creators and brands.
- Analytics: analyze data and turn it into actionable insights.
- SEO: learn how to boost search ranking and visibility. Preferred skills or interests
- Experience with creating video content.
- Experience managing social media platforms such as Instagram, Tiktok, Youtube, and Twitter.
- A keen understanding of brand personality and company directives.
- Majoring in marketing, communications, or another relevant field is a plus.

What's in it for you Creative freedom.

- Fun company culture.
- Training for career growth.

Pay: From \$17.00 per hour Schedule:

- 4 hour shift
- Ability to commute/relocate: Santa Monica, CA
- 90401: Reliably commute or planning to relocate before starting work (Preferred) https://www.indeed.com/

The Jewish Federation of the Greater San Gabriel Valleys ("the Jewish Federation SGPV") will award a scholarship in the amount of \$2,500 to a current high school junior student. The scholarship will be sent to the college the student will attend following completion of high

Jewish SGPV Scholarship

Scholarship Description

school. Applicant must show academic achievement, Jewish community involvement, general community service, leadership, extra-curricular activities and work experience. The applicant must be a high school junior who is planning to attend a 4-year college after high school graduation. A minimum unweighted cumulative G.P.A. of 3.0 is required. An application may be obtained from the Jewish Federation. For more information or to apply, please visit the scholarship provider's website.

https://encourageme.com/ lp/sweepstakes/?&utm_ source=Google&utm_ medium=display&utm_ campaign=EncourageMe_ KW%2BRTG%2B_ INT765%2B_

Los Angeles Collegian - Wednesday, March 8, 2023

SPORTS

SPORTS BIN

March Madness Preview

BY MATTHEW CAMPOS

hat feeling of
excitement around
the month of
March is rearing
its head as it does
each year because
the 2023 NCAA



tournament is here.
This year is shaping up to be a year of new faces, but for the teams that have

become mainstays in the tournament, it is a time for continued dominance among their respective divisions.

The Kansas Jayhawks look to answer the question, is it time for a new champion to be crowned? As they search for their 5th national title and try to repeat as champions, there is a new number one overall team looking to shock everyone. They have become the top ranked team in the country for their first time in 20 years.

That team is the Crimson Tide of Alabama. They believe that this is the year to put their stamp on college basketball and claim the title in the month of March.

The Big Ten leads all conferences with nine teams breaking into the tournament, just ahead of the Big 12, ACC, and SEC, a division that is looking to surprise this year in the tournament.

There are a few Pac 12 teams like UCLA and Arizona that are consistent in the top 10.

Teams like USC and Oregon will see if they can make a run into the tournament and provide a good showing for the normally underrepresented conference.

This year, the selection committee that determines the seeds of the teams and how they will be matched up for the tournament, seems to be focusing on the quality of wins that each team gets rather than their overall record.

For example, the number two overall Houston Cougars are highly respected for their undefeated record on the road so far this season, and that is something that the committee will take into account as we have seen them as a consistent number one seed in the Midwest bracket for all of the early bracket polls.

Another team to watch this year is the number one seed out of the Eastern region, Purdue University.

They are a storied institution, and their status as a current

number one seed in the bracket would be an honor they receive for the first time since 1996 if they stay in that top group.

Now that we have taken a look at some of the top teams, and what seeds to look out for, let's talk a little bit more about the players that you'll be watching compete.

The number one player in this year's tournament, according to CBS Sports, is Drew Timme from Gonzaga University.

This is not the first time we have seen him in the first overall spot on the CBS list just as he was last year, thanks to his 6 '10 frame and dynamic play at the forward position for the Bulldogs.

He has proven to be an x-factor on the court and has become one of the most recognizable faces in college basketball for good reason.

Another player I want to talk about who should be on your radar is Armando Bacot from North Carolina, as he is having a great season aside from his team being a bit shaky in the early going.

However, UNC always finds a way to turn it on around in March and Bacot could be a serious factor in their success in this tournament as he is a star player on their roster.

The last player I want to talk about is Brandon Miller from Alabama University, the number one seed in this year's tournament. Miller is a top five NBA draft prospect and is the best scorer in all of college basketball among freshman players.

His impact alone could make it a very comfortable run deep into the tournament for the Crimson Tide, and they expect him to be a huge player down the stretch.

As we look ahead to March Madness, I think it is important that we all keep in mind, these are college athletes. The emotion that we will see them display on the court is something that we long for every year around this time.

This year's tournament is shaping up to be a fantastic test of skill and ability by a whole new generation of players blending in with the experience of those who have played in the tournaments before them.

There is an overwhelming number of seniors on each team compared to the underclassmen, so we will see how the maturity of these players will come out in true competition for the most important tournament of the year.

I expect that the tournament will be exciting, heart wrenching, and most of all, madness.



University of
North Carolina
basketball
star Armando
Bacot is back
at the national
championship for
a second year.
The UNC forward/
center passed
up the NBA draft
last year to return
to college for a
fourth season.

PHOTO COURTESY OF HTTPS://COMMONS. WIKIMEDIA.ORG CC BY-SA 2.0

The Kansas University Jayhawks warm up at Wells Fargo Arena in Des Moines, Iowa in 2016 during the March Madness opening rounds.

BELLOW PHOTO COURTESY OF HTTPS://COMMONS. WIKIMEDIA.ORG CC BY-SA 2.0



