

## Foster & Kinship Care Education October 2023 Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SCI Training (1) 5pm-9pm	SCI Training (2) 5pm-9pm	\$CI Training (3) 5pm-9pm	Clase en Español 6pm-8pm	A Different Kind of Mind:  Dyslexia  5:30pm-8:30pm	7
Heart 2 Heart 5:00pm-9:00pm	10	Rebuilding Self-Esteem 5:30pm-8:30pm	Clase en Español 6pm-8pm	Sexual Abuse: What is it? How Do We Respond? 5:30pm-8:30pm	14
Prudent Parenting Standards 5:00pm-8:00pm	17	Grief and Loss 5:30pm-8:30pm	Clase en Español 6pm-8pm	Higher Education Module 1 6:00pm-9:00pm	21
Incremento de Atención Especializada 5pm-9pm (1)	Incremento de Atención Especializada 5pm-9pm (2)	Incremento de Atención Especializada 5pm-9pm (3)	Clase en Español 6pm-8pm	The Basics on Child Development 6:00pm-9:00pm	28
30 Identifying Suicidal Behavior 5:30pm-8:30pm	31				

# IMPORTANT INFO:

#### Click here to register for classes.

Click on "edit my responses" if you have already registered.

Need class links? Email aguilaam2@lacitycollege.edu or call (323) 953-4000 ext 2335 by 12pm, day of class.

Todas la clases serán ofrecidas por internet usando la pagina **Zoom**.

Haga clic aquí para registrarse para las clases
Prejuntas? LLAME al (323) 953-4000 ext 2335 o mande
un mensaje a lacc-fostercare@lacitycollege.edu

## LACC FKCE Class Descriptions | October 2023

Workshop Title	Date/Time	Trainer	Class Description
Special Care Increment (SCI) Training (Formerly known as D & F- rate training)	October 2, 3, 4, 2023, 5pm-9pm **YOU MUST ATTEND ALL THREE SESSIONS**	Sandra Smith	The Special Care Increment (SCI)Training is the 12 hours foundational training (which replaces the D & F rate pre-service training) for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for successful SCI placement.
A Different Kind of Mind:  Dyslexia  (Renewal for RFA, W, and SCI-Specialized	October 6, 2023, 5:30pm-8:30pm	Denetra Norwood	of the disorder as well as how to provide a safe environment as they develop.
Heart 2 Heart (Renewal for RFA, W, and SCI-Specialized	October 9, 2023, 5:00pm-9:00pm	Sandra Smith	This workshop will focus on important facts about sexual health risk with youth. Stages of development of adolescence. Building trust and strong relationship with youth. How does trauma affect youth. In addition sex with youth who are LGBTIA. By discuss sex and relationships early and often can decrease risky sexual behaviors. It also promotes healthy behaviors.
Rebuilding Self-Esteem (Renewal for RFA, W, and SCI-Specialized	October 11, 2023, 5:30pm-8:30pm	Rob Hanna	How to help A child that has experienced abuse or neglect and has been removed from their home rebuild their self-esteem?  This class will focus on how Resource Parents can help children and youth work on their self-esteem and self-confidence.
Sexual Abuse: What is it? How Do We Respond? (Renewal for RFA, W, and SCI-Specialized	October 13, 2023, 5:30pm-8:30pm	Rob Hanna	Understanding what sexual abuse is. How to recognize some symptoms and signs, and what are some anger-related behaviors, sexualized behaviors, and fear & anxiety behaviors that children might display. Also, how us as resource parents we can help out our children heal through "therapeutic parenting."
Prudent Parenting Standards (Renewal for RFA, W, and SCI-Specialized	October 16, 2023, 5:00pm-8:00pm	Sandra Smith	What is Prudent Parenting? and what does the law says regarding what you can do with your out-of-home care child?  This workshop will address issues related to prudent parenting standards; what you can/can't do; how to protect yourself; and more.
Grief and Loss (Renewal for RFA, W, and SCI-Specialized	October 18, 2023, 5:30pm-8:30pm	Denetra Norwood	particular focus on what happens when a child goes through multiple placements, and the impact this has on the child; as every move is a trauma for them.
Higher Education Module 1	October 20, 2023, 6pm-9pm	Sharonda Barksdale	The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in middle school or in the

(Renewal for RFA, W, and SCI-Specialized			early high school grades, college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees
The Basics on Child Development (Renewal for RFA, W, and SCI-Specialized	October 27, 2023, 6pm-9pm	Sharonda Barksdale	This class is designed to bring awareness on the first five years of a child's life and how important their development is. Class will start by defining and identifying stages of development with focuses on the primary developmental domains including physical, intellectual, language, and social/emotional skills. Participants will understand how to provide a safe and caring environment for all children needing the same support and guidance as they develop.
Identifying Suicidal Behavior (Renewal for RFA, W, and SCI-Specialized	October 30, 2023, 5:30pm-8:30pm	Rob Hanna	Children and youth that have experienced severe trauma are at risk of having self- injurious behaviors, including suicide. What are some of the behaviors that as caregivers we should be paying attention to? What do you do if your child is having suicidal behaviors?

### Clases en Español | Octubre 2023

Workshop Title	Date/Time	Maestra	Link para regístrese
Explotación sexual comercial de niños	5 de octubre, 6pm-8pm	Maricela Magaña	
Módulo 1 de Educación Superior	12 de octubre, 6pm-8pm	Maricela Magaña	
Cómo asociarse con el Departamento de Familias y Niños	19 de octubre, 6pm-8pm	Maricela Magaña	<u>Link para registrase</u>
Entrenamiento Incremento de Atención Especializada (Anteriormente conocido com o entrenamiento Tarifa D y F)	23, 24, 25 de octubre, 5pm- 9pm **DEBE ASISTIR A LAS TRES CLASES PARA GANAR LA CERTIFICACIÓN**	Maricela Magaña	

Entendiendo el duelo	26 de octubre, 6pm-8pm	Maricela Magaña	
----------------------	------------------------	-----------------	--